

A Life Less Cluttered

Swimming in the seas of disorganization? Get your life and home in order with helpful tips from **Jamie Tabish**, a professional organizer and all-around aficionado of orderly living.

When it comes to organization most people feel overwhelmed. “They don’t know where to start,” says Tabish. But by making a few changes and creating a manageable system, it’s easy to transform a cluttered space into a more efficient one—but don’t expect it to happen overnight. “Organization is a learned skill,” she says.

Where’s the best place to begin? “Start off with the junk drawer,” she offers. “Everybody has one.” Begin by taking everything out ... and that means everything, including those expired pizza coupons stuck to the bottom of the drawer. Sort each item into categories. Then go through each pile. Notice any multiples of items. This is when you’re going to have to ask yourself, “Do I need three staplers here?” Now is the time to decide to whether to donate, recycle, or move things to another area. Label each pile by category—pens, rubber bands, whatever it may be. Then measure the space and buy containers that will hold their contents and fit nicely into the area. Finally, label each container. “Labeling is important. It allows easy access for everyone,” she says.

This process can be repeated from room to room and project to project.

Need more help? Call Jamie Tabish at Organize by Design at (801) 913-6846.



Jamie Tabish